

English MENU

FINGERFOOD / STARTERS

SENSIBLE ^{6) 8) GF)}	4,40 €
Small side salad	
JAPANESE ^{4) GF)}	4,90 €
Edamame – soy snack from Japan	
CUDDLY ^{2) 10) GF)}	6,90 €
Dates wrapped in tempeh with walnut kernel	
MAGICAL ^{1) 2) 4) GF)}	6,90 €
Summer roll served with „hoisin sauce“ – brightens your day!	
SHARING ^{a1) 1) 3) 9)}	9,40 €
Colorful spread selection – chickpea hummus – pea cheese cream – mojo rojo cream served with baguette ^{a1) a2) 11)}	
HOTSHROOMS ^{a1) 1) 4)}	8,40 €
Fried oyster mushrooms served with hot + spicy sauce and tahini dip – something special!	
ARABIAN ^{1) 4) 9) GF)}	5,40 €
Original homemade falafel served with tahini sauce	
GROUNDSD ^{9) GF)}	6,90 €
Sweet potato soup with pumpkin seed oil, roasted chickpeas and fried coconut chips	
Add baguette ^{a1) a2) 11)}	no extra charge

While our kitchen staff is preparing for the evening, we are happy to offer you our homemade sandwiches. Just ask our service staff ...

WRAPS

BASIC ^{a1) 4) 6) 8)}	8,90 €
Our soy „schnitzel“ wrap – lettuce, BBQ sauce, mayonnaise, tomato	
DIFFERENT ^{a1) 1) 4) 6) 8) 9)}	8,90 €
Falafel and vegetable wrap served with tahini dip – oriental deliciousness!	
GREEK ^{a1) 4) 5) 6) 8)}	8,90 €
Seitan „gyros“ wrap served with tzatsiki dip	



English MENU

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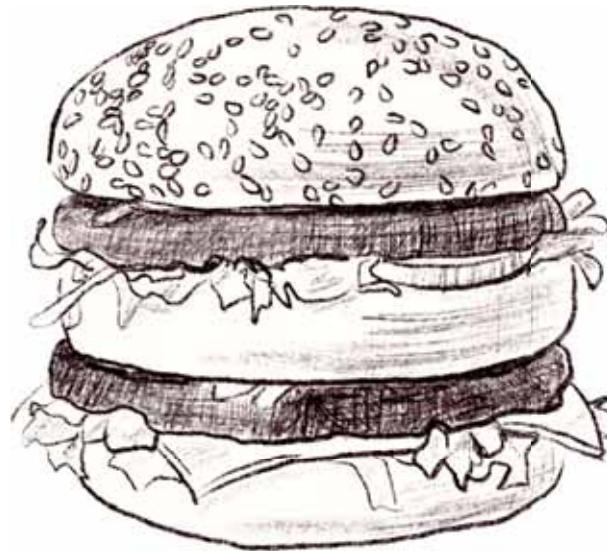


MAIN COURSES

TUTTO BENE ^{a1) 3) 4) 5) 6)}	13,40 €
Pasta Ragout Homemade bolognese with durum wheat spaghetti and cashew parmesan cheese – simmering for at least 4 hours - this is love! We are happy to also offer you our pasta with:	
Penne from rice and corn ^{GF)}	13,90 €
YUMMY ^{a1) 3) 4) 5) 6) 8)}	15,40 €
Lasagna with cashew parmesan cheese and a side salad – simply delicious!	
RAVIOLI TIROLESIS ^{a1) 2) 3)}	14,90 €
„Schlutzkrapfen“: ravioli with spinach stuffing and a variety of vegetables – served in garlic butter	
GRATEFUL ^{1) 3) 6) 7) 9)}	14,90 €
Veggie-Mix – sweet potato, rice, chickpeas, mojo rojo cream, beet and fennel salad – super delicious and also available as a gluten-free variant!	
- Add crispy oyster mushrooms	+ 2,20 €
VARIETY ^{GF)}	10,40 €
Colorful variety – mixed salad, tomato, cucumber, bell pepper, carrots and sunflower seeds, with your choice of:	
- Falafel ^{1) 9)}	+2,20 €
- Sautéed oyster mushrooms	+2,20 €
- Sautéed tempeh ⁴⁾	+2,20 €
Homemade dressing ^{6) 8)} or vinegar & oil	

MAIN COURSES

CRISPY ^{a1) 4) 5) 6) 8)}	15,90 €
Our Anti-„Jägerschnitzel“ – fried soy „Schnitzel“ served with mushroom sauce and a side of either croquettes or potato salad with cucumber	
IMMUNE ^{a1) 1) 4) 5) 6) 8) 9)}	15,40 €
Seitan gyros, rice, hummus, tzatsiki, salad	
BEYOND ^{a1) 1) 4) 6) 8) 9)}	14,90 €
Beyond Burger® with a twist – double decker with two times the taste served with wedges and a side salad	



DESSERTS

DELICIOUS ^{4) GF)}	7,40 €
Dark chocolate mousse with peach purée	
WHITE HEAVEN ^{a1) 4) 11)}	7,90 €
White chocolate mousse with „Beerengrütze“ (berry groats)	



Allergens: a1) wheat, a2) rye, a3) barley, a4) oats, 1) sesame, 2) nuts, 3) cashew, 4) soybean, 5) celery, 6) almond, 7) gluten, 8) mustard, 9) legumes, 10) lupin, 11) May contain traces of soy, milk, sesame, peanuts, nuts and egg; 12) May contain traces of wheat GF) gluten-free
Unfortunately, we cannot 100% rule out cross-contamination.

COLD DRINKS

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SPRITZERS

WOLFRA	0,4L	4,10 €
Straight apple juice, all natural		
Straight red grape juice		
Rhubarb/premium nectar		

SOFT DRINKS

PAULANER SPEZI on tap	0,4L	4,10 €
AQUA MONACO	0,23L	3,60 €
Coke ^{7) 13)}		
Ginger Beer ⁷⁾		
Ginger Ale		
Tonic Water ¹⁴⁾		
BALIS Basil ginger lemonade	0,25L	3,60 €
ALMDUDLER	0,33L	3,60 €

WATER

LEOGANT WATER	glas	0,25L	2,50 €
FILTERED WATER – SPARKLING OR STILL	bottle	1L	5,40 €
VIVA CON AGUA*			
Mineral water, sparkling	bottle	0,75L	5,90 €
Mineral water, still	bottle	0,75L	5,90 €



HOUSE DRINKS

BRIGHTENING UP	0,3L	4,40 €
Cucumber basil mix		
BEAUTIFUL ¹³⁾	0,3L	4,40 €
Ice tea Jade Pearls (green tea)		
INFUSED WATER	0,3L	3,40 €
Freshly flavored fruit water		
SURPRISE	0,3L	4,40 €
Blue herbal tea, lemon, agave syrup and vanilla		
LEMONADE	0,3L	4,90 €
Homemade lemonade – orange or lemon		
KALTE INGE	0,3L	4,10 €
Ginger syrup, orange, lemon and mint		

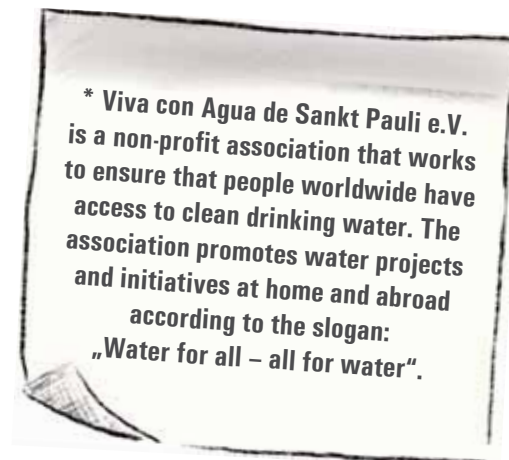
SMOOTHIES (until 5 pm)

POWERFUL	5,40 €
With spinach, dates, oranges, lemon, apple, banana, chia seeds, flaxseed oil, ginger and cocoa nibs	
LOVELY	5,40 €
With blueberries, dates, oranges, lemon, apple, banana, chia seeds, flaxseed oil, ginger and cocoa nibs	

SHAKES (until 5 pm)

HAPPY BERRY ⁴⁾	5,90 €
HAPPY CHOCO ⁴⁾	5,90 €

You are welcome to choose between oat milk ^{a4)}, cashew coconut milk ³⁾, lupin milk ¹⁰⁾ or gluten-free oat milk



a1) wheat a3) barley, a4) oats, 2) nuts, 3) cashew, 4) soy bean, 6) almond, 7) gluten in general, 10) lupin, 13) caffeine, 14) quinine, 15) sulfites, 16) dye
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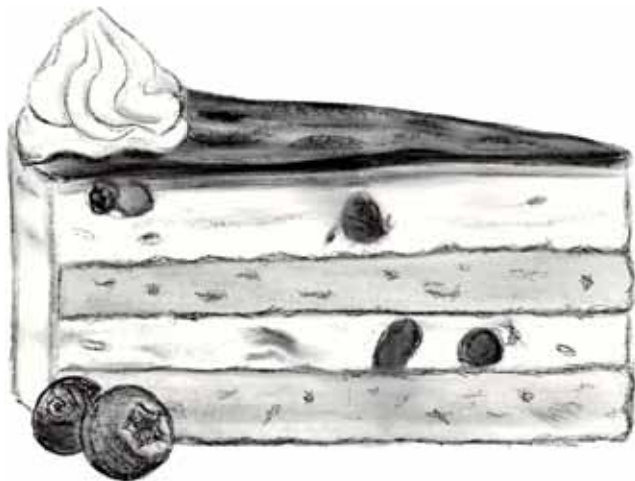
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COFFEE & CO

COFFEE SPECIALTIES

AMERICANO ¹³⁾	3,40 €
ESPRESSO ¹³⁾	2,10 €
ESPRESSO DOPPIO ¹³⁾	3,40 €
ESPRESSO MACCHIATO ¹³⁾	2,40 €
CAPPUCCINO ¹³⁾	4,60 €
LATTE MACCHIATO ¹³⁾	4,60 €
AFFOGATO AL CAFFÈ ^{4) 13)}	3,60 €
Espresso with vanilla ice-cream	
ICED COFFEE ^{4) 13)}	4,60 €
Filter coffee with vanilla ice-cream and cream	
ICED LATTE	4,40 €



TEA SPECIALTIES

BLACK TEA ASSAM ¹³⁾	3,10 €
GREEN TEA SENCHA ¹³⁾	3,10 €
NETTLE TEA	3,10 €
ROOIBUSCH „GINGER LEMON“	3,10 €
MINT TEA	3,10 €
With fresh mint	

For your coffee and tea specialty you're welcome to choose between oat milk, oat milk (gluten-free), lupin milk or our homemade cashew-based milk.

Each coffee is also available as decaf!

Take a look at our refrigerated display case! There you'll find sweet treats and homemade sandwiches.

COLD OR HOT

CHAI LATTE ¹³⁾	4,40 €
KURKUMA LATTE ³⁾	4,90 €
MATCHA LATTE ¹³⁾	4,90 €
With coconut blossom sugar	
SMURF LATTE	4,90 €
With spirulina and vegan honey	
HOT / COLD INGE	4,10 €
With ginger syrup, orange, lemon and mint	
HOT / COLD CHOCOLATE	4,40 €
Raw cocoa powder	

Thank you very much

for making the world a little more colorful and better with us! According to the slogan „food for future“ we plant trees with you and in cooperation with „click a tree“ and support further projects, e.g. in Ghana, the Philippines or Madagascar. For every dish and every drink that you enjoy here, for every catering you book with us, for every time you rate us on one of the known web portals and for every event that you participate in at SIGGIS, we award points – and the more points we collect, the more trees we plant.

NOW is the time ...

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BEER, APERITIFS & WINE

BEER

TEGERNSEER PALE ^{a3)}	0,5L	4,30 €
on tap, served in a stone pitcher		
TEGERNSEER PALE ^{a3)}	0,3L	3,50 €
TEGERNSEER RADLER ^{a3)}	0,5L	4,30 €
served in a stone pitcher		
TEGERNSEER RADLER ^{a3)}	0,3L	3,50 €
HOPF WHEAT BEER PALE ^{a1) a3)}	0,5L	4,40 €
HOPF WHEAT BEER LESS ALCOHOL ^{a1) a3)}	0,5L	4,40 €
HOPF WHEAT BEER DARK ^{a1) a3)}	0,5L	4,40 €
HOPF RUSSN ^{a1) a3)}	0,5L	4,40 €
LAMMSBRÄU PALE GLUTEN-FREE	0,33L	3,90 €
LAMMSBRÄU ZZZISCH PILSENER ^{a3)}	0,33L	3,60 €



BEER – non-alcoholic

LAMMSBRÄU PALE ^{a3)}	0,33L	3,60 €
LAMMSBRÄU PALE GLUTEN-FREE	0,33L	3,90 €
HOPF WHEAT BEER ^{a1) a3)}	0,5L	4,40 €

APERITIF

PINOT SECCO ¹⁵⁾	0,1L	3,90 €
Burgunder dry – Gustavshof winery	0,75L	26,90 €
Histamine: < 0,25 g/L		
INGE SPRITZ ¹⁵⁾		7,10 €
Ginger syrup, prosecco, soda		
BALIS SPRITZ ¹⁵⁾		7,10 €
Balis, prosecco, soda		
APEROL SPRITZ ^{15) 16)}		7,10 €
Aperol, prosecco, soda		
HUGO ¹⁵⁾		7,10 €
Elderberry syrup, prosecco, soda		
LILLET ROSÉ TONIC ^{14) 15)}		7,10 €
Lillet Rosé, tonic water, lime		

APERITIF – non-alcoholic

AUSTRIAN		5,90 €
“Almdudler”, raspberry purée and soda		
KOLONNE NULL	0,375L	26,00 €
Rosé Mousseux sparkling wine		

WHITE WINE

CHARDONNAY ¹⁵⁾	0,2L	7,90 €
White wine late vintage dry – Eller winery	0,75L	28,90 €
Histamine: 0,009 mg/L		
RIESLING ¹⁵⁾	0,2L	7,40 €
White wine dry – Kuntz winery	0,75L	26,90 €
Histamine: < 0,25 mg/L		
WHITE WINE SPRITZER ¹⁵⁾	0,2L	4,90 €

ROSÉ WINE

BLANC DE NOIR ¹⁵⁾	0,2L	7,40 €
Rosé dry – Gustavshof winery	0,75L	26,90 €
Histamine: < 0,25 mg/L, sorbite: < 0,3 g/L (undetectable), total sulfur: 32 mg/L		

RED WINE

ZERO	0,2L	7,90 €
Red wine dry – Gustavshof winery	0,75L	28,90 €
Histamine: < 0,25 mg/L, total sulfur: < 20 mg/L, free sulfur: 0,0 mg/L, un sulphured		
TRINITY CUVÉE ¹⁵⁾	0,2L	8,40 €
Red wine dry – Weiss winery – Austria	0,75L	29,90 €
Histamine: 0,005 mg/L, fructose: < 0,3 g/L, glucose: < 0,4 g/L, sorbite: < 0,3 g/L (undetectable), total sulfur: 68 mg/L		
ZWEIGELT ALTE REBEN ¹⁵⁾	0,2L	8,40 €
Red wine dry – Weiss winery – Austria	0,75L	29,90 €
Histamine: 0,016 mg/L, fructose: < 0,3 g/L, glucose: < 0,4 g/L, sorbite: < 0,3 g/L (undetectable), total sulfur: 60 mg/L		

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COCKTAILS & LONGDRINKS

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COCKTAILS

ELECTRIC POLO ⁷⁾	11,00 €
Vodka, ginger beer, lemon, sugar, blue pea tea Naming by dear supporters of our Startnext campaign	
LITTLE FARMER	10,00 €
Gin, sugar, lemon, basil, soda Naming by dear supporters of our Startnext campaign	
<hr/>	
BLUEBERRY PIE ⁶⁾	10,00 €
Vodka, amaretto, blueberries, lemon, ginger ale, sugar	
PEANUT BUTTER OLD FASHIONED ^{2) 16)}	9,50 €
Whiskey, Angostura, sugar, peanut butter	
WILLIAMS SOUR	9,00 €
Williams pear, lemon, sugar	
WHITE RUSSIAN ^{4) 13) 16)}	9,50 €
Vodka, Kahlúa, cream	
ROSEMARY GIN FIZZ	10,50 €
Rosemary gin, lemon, sugar, soda	
CUCUMBER GIN GIMLET	10,50 €
Cucumber gin, lemon, sugar, lime juice	
DARK & STORMY ¹⁶⁾	10,00 €
Dark rum, lime, sugar, ginger beer	
TOMMY 'S MARGARITA – salted rim on request	9,00 €
Tequila, lime, agave	
RASPBERRY MOJITO	10,50 €
Raspberry rum, lime, sugar, mint, raspberries, soda	
CUBA LIBRE ¹³⁾	9,00 €
Rum, lime, coke	
HORSE 'S NECK ¹⁶⁾	10,00 €
Bourbon, Angostura, ginger ale, orange	

COCKTAILS – non-alcoholic

MANGO BASIL SQUASH	7,50 €
Mango, basil, sugar, lemon, soda	
WATERMELON MOJITO	7,50 €
Water melon, mint, sugar, soda	
DAIQUIRISH	9,00 €
RumISH (non-alcoholic rum), lime, sugar	



GIN LONGDRINKS incl. accompanying drink

TANQUERAY RANGPUR	4cl	10,50 €
London		
TANQUERAY	4cl	9,50 €
London		
THE DUKE GIN	4cl	10,50 €
Munich		
MONKEY 47	4cl	12,50 €
Black Forest		
HENDRICK 'S	4cl	10,50 €
Scotland		
THE BOTANIST	4cl	13,00 €
Schottland		
GRANIT	4cl	11,50 €
Bavarian Forest		

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SPIRITS, LIQUEUR & CHAMPAGNE

SPIRITS

VODKA	Absolut	4cl	6,50 €
	The Duke Lions	4cl	7,50 €
	Belvedere	4cl	9,00 €
AMERICAN WHISKEY	Bulleit Bourbon	4cl	7,50 €
	Bulleit Rye	4cl	8,00 €
	Makers Mark	4cl	7,00 €
SINGLE MALTS WHISKEY	Laphroaig Quarter Cask ¹⁶⁾	4cl	10,00 €
	Slyrs Bavarian	4cl	11,00 €
	Balvenie Double Wood 12Y ¹⁶⁾	4cl	12,00 €
RUM	Havana Club Light Dry 3J	4cl	6,50 €
	Havana Club Extra Aged 7J ¹⁶⁾	4cl	8,00 €
	Botucal	4cl	10,00 €
	Ron Zacapa 23J ¹⁶⁾	4cl	12,50 €
TEQUILA	El Jimador Blanco	2cl	3,00 €
	El Jimador Reposado	2cl	3,00 €
	Patron Añejo	2cl	7,00 €
EDELBRÄNDE	Freihof's Willi - Williams peach	2cl	3,00 €
	Freihof 1885 hazelnut spirit ²⁾	2cl	3,00 €
	Freihof's Mary - Marille	2cl	3,00 €
AQUAVIT	Malteserkreuz	2cl	3,00 €

LIQUEUR

AMARO	Montenegro	4cl	5,50 €
	Ramazotti	4cl	5,50 €
GAMMEL DANSK	Bitters	2cl	3,00 €

LEGRET & FILS
Our vegan champagne
from Talus-Saint-Prix,
France

Made from vodka
und vegan licorice.
Alcohol content:
27% VOL

Made from "Glüh-
wein", vodka, orange
juice, raw cane sugar,
vanilla, cinnamon,
carnation. Alcohol
content: : 15% VOL



CHAMPAGNE LEGRET & FILS

ROSÉ COROLLE BRUT ROSÉ	0,75L	82,00 €
	0,375L	46,00 €

40% Meunier / 30% Pinot Noir / 30% Chardonnay

Analytical values

0,75L

Alcohol 12%Vol. / Dosage 6g/l / Bottled June '13 / Dégorgé Oktober'17
0,375L

Alcohol 12%Vol. / Dosage 6g/l / Bottled May '12 / Dégorgé Oktober'19

Shimmering with salmon colored highlights, fragrant hints of strawberries, rhubarb and blood orange, fresh and light. On the palate, you'll experience red fruits with a delicate lingering finish.

CHAMPAGNE LEGRET & FILS

ÉQUILIBRE EXTRA BRUT	0,75L	72,00 €
	0,375L	41,00 €

40% Meunier / 30% Pinot Noir / 30% Chardonnay

Analytical values

0,75L

Alcohol 12%Vol. / Dosage 5g/l / Bottled May '12 / Dégorgé Januar'18
0,375L

Alcohol 12%Vol. / Dosage 5g/l / Bottled March '10 / Dégorgé März'18

With a decidedly fine perlage, this cuvée presents a delicate yellow color with the stimulating aroma of ripe apples and orange fruits.

On the palate, you'll experience refreshing exotic flavors of pineapple and yellow fruit.

LIQUEUR

VEGABLUM	Licorice	4cl	5,50 €
	Glühwein	4cl	5,50 €
AMARETTO	Disaronno ⁶⁾	4cl	5,50 €
KHALÚA	Coffee Liqueur ^{13) 16)}	4cl	5,50 €
DR.JAGLAS	Artichoke Elixier	2cl	5,00 €
SLYRS	Alpine Herbs Whiskey Liqueur	2cl	4,50 €

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