



WE ARE ...

food and beverages

All our prices include the legal value added tax. Tip is not included. If you were satisfied your server will be very happy about a small appreciation 😊

Additionally we are also happy to receive a review from you and  on facebook <https://www.facebook.com/SIGGISvegan>

BREAKFAST Until 2 pm MON-SUN

- NOT MAINSTREAM** ^{1) 4) 7)} 9.90 EUR
Avocado toast – hummus, avocado, tomatoes, herbs, tempeh – hhhmmmm!
- FLEXIBLE** ^{4) GF)} 9.90 EUR
Scrambled tofu with tomatoes served with bread⁷⁾ if you like no extra charge
with fried oyster mushrooms plus 2.20 EUR
with gently roasted slices of tempeh turned in smoked paprika plus 2.20 EUR
- SWEET AMERICAN** ⁷⁾ 7.30 EUR
Fluffy pancake with fresh fruits and syrup
If you like, we can add baked-in pieces of banana plus 1.00 EUR

SOUPS

- PINK NAMASTE** ^{5) 6) GF)} 5.90 EUR
Creamy beetroot soup with apple relish and almond cream
with fresh bread ⁷⁾ plus 1.00 EUR
- ORIGINAL** ^{4) 5) 7) 8) 11)} 4.90 EUR
Vegetable essence with stripes of pancakes, chives and carrot and celery cubes
with fresh bread ⁷⁾ plus 1.00 EUR

SANDWICHES

As our sandwiches are prepared fresh every morning we can only serve them as long as our supplies last.

- FULL FLAVOURED** ^{1) 3) 7) 8) 11)} 6.10 EUR
Kohlrabi, sesame, mango-dip, hearty and a little bit spicy, with roasting flavour – down with it!
- HUNGRY** ^{3) 4) 7) 8) 11)} 6.40 EUR
BBQ tempeh ciabatta – a little bit spicy – yeah!
- BASIC** ^{4) 7) 11)} 6.40 EUR
Traditional and still very much different – our soya-Schnitzel-bun
- TRADITIONAL** ^{4) 7) 8) 11)} 4.20 EUR
Diamond bun “Pflanzerl style” – quinoa and lentils – so yummy
- SATISFIED** ^{4) 7) 11)} 5.20 EUR
Diamond bun „egg style“ – deceptively real!

We have been supporting the wonderful ERDLINGSHOF with sponsorships and donations for more than two years now. The lovely living beings who have found happiness on this sanctuary say THANK YOU for every single Euro. We hand over the donations personally, directly and without any withdrawals - follow us on Facebook and / or Instagram to find out what happens with your donation. You will find the donation box at the counter. We say thank you in advance from the bottom of our hearts and on behalf of the Earthlings

THANK YOU www.erdlingshof.de

Allergens: 1) sesame 2) nuts 3) cashew 4) soy bean 5) celery 6) almond 7) gluten 8) mustard 9) legumes 10) lupine 11) may contain traces of soya, milk, sesame, peanuts, other nuts and eggs 12) may contain traces of gluten ^{GF)} gluten free

FINGERFOOD

- EDAMAME** ⁴⁾ 4.50 EUR
Soy snack from Japan
- PORTION OF FRENCH FRIES** 3.90 EUR

STARTERS

- MAGICAL** ^{1) 2) 4) GF)} 6.60 EUR
Summer roll with hoisin sauce – make you happy!
- SHARING** ^{1) 3) 7) 8) 9)} 7.40 EUR
Wild plate of spreads – three spreads: purple, beetroot hummus made of lentils – green, pea-cream cheese – purple, mocho rojo cream – toasted bread
- CUDDLY** ^{2) 10) GF)} 5.10 EUR
Dates coated in tempeh – feeling so comfy in there!
- ITALIAN** ^{3) 4) 7) 11)} 6.60 EUR
Home-made cashew mozzarella – tomato, rocket, balsamic glaze – we are proud of it!



SALADS

- SABABA** ^{6) 8) GF)} 6.10 EUR
Quinoa salad – oriental – taste the east!
with fresh bread ⁷⁾ plus 1.00 EUR
- HUGE** ^{3) 4) 8) GF)} 11.90 EUR
Salad bowl with seasonal raw food, quinoa, green leaf salad and a flavorful cashew-miso-dressing
with crispy oyster mushrooms plus 2.20 EUR
- SENSIBLE** ^{6) 8)} 3.90 EUR
Small salad – a fresh accompaniment for all our dishes!

DESSERTS

- DELICIOUS** ^{GF)} 6.90 EUR
Dark mousse with peach puree – you'd want to drown in it!
- EXTRA** ^{4) 7)} 6.90 EUR
Coconut Panna Cotta with stewed plums and cinnamon streusel – super delicious!

MAIN DISHES

- BAVARIAN** ^{4) 5) 6) 7) 8)} 12.90 EUR
Sour bread dumplings – fried oyster mushrooms, fried kohlrabi, fennel onion salad – that's it!
- TUTTO BENE** ^{3) 4) 5) 6) 7)} 10.90 EUR
Pasta ragout (home made Bolognese with durum wheat pasta⁷⁾) cooks for at least 4 hours, only the best ingredients – that's love!
You can also order our pasta with rice-corn-penne ^{GF)} 11.40 EUR
- TASTY** ^{3) 4) 7) 8) 11)} 14.90 EUR
Barley risotto with smoked tofu, sauerkraut and fermented cashew cream –exceptionally different!
- CRISPY** ^{2) 4) 7)} 15.90 EUR
Our escalope anti-chasseur – chrispy soya-schnitzel with creamy mushrooms and French fries
Traditional and yet so different!
- GRATEFUL** ^{1) 3) 6) 7) 9)} 12.90 EUR
Veggie-mix -sweet potatoe, whole grain rice, chickpeas, seasonal vegetables, beetroot-apple-fennel-salad, mojo rojo cream – unbelievably delicious!
With crispy oyster mushrooms..... plus 2.20 EUR
- YUMMY** ^{3) 4) 5) 6) 7)} 12.90 EUR
Lasagne with a small salad
- SPECIAL** ^{7) 8) 11)} 12.90 EUR
Club sandwich triple-style, coleslaw, fried oyster-mushrooms, slices of sweet potato, tomato - incl. a portion of French fries

CAKES

At our counter near the entrance you will find a selection of our delicious treats and pastries with prices and information about allergens.

Choose something, let us know and we are happy to bring it to your table!

BEVERAGES

SMOOTHIES

- POWERFUL** ^{GF} 6.40 EUR
Green smoothie – spinach, dates, fresh fruits
- LOVELY** ^{GF} 6.40 EUR
Pink smoothie – blueberry, dates, ginger, fresh fruits
- HEALTHY** ^{GF} 6.40 EUR
Immune booster – orange, ginger, dates, beetroot

HOME MADE BEVERAGES

- BEAUTIFUL** ^{GF} 4.30 EUR
Iced Tea – jade pearls – your skin will look so beautiful!
- BRIGHTNING UP** ^{GF} 4.30 EUR
Cooler – cucumber, lemon, basil – tastes good!

WATER

- Leogant Water** glass 0.33L .. 2.10 EUR
- Leogant Water** bottle 1L .. 3.90 EUR
- Mineral Water VIVA CON AGUA*** glass 0.33L .. 2.90 EUR
- Mineral Water VIVA CON AGUA*** bottle 0.75L .. 5.90 EUR

“Water is the most essential element of our planet. Only by water life is even made possible. Spring water in its original form epitomizes this natural perfection. It is the foundation of a healthy and vital life.”

... “LEOGANT TURNS TAP WATER BACK INTO THE QUALITY OF FRESH SPRING WATER”
(Leogant)“

*Viva con Agua de Sankt Pauli e.V. is a non-profit organisation committed to ensuring that all people worldwide have access to clean drinking water. To achieve this goal, they promote water projects and actions at home and abroad.

LEMONADES

- Now – Orange Cola** ^{GF} 0.33L .. 3.30 EUR
- Now – Holler Blüte** ^{GF} 0.33L .. 3.30 EUR
Elderflower lemonade
- Now – Sunny Orange** ^{GF} 0.33L .. 3.30 EUR
- Fritz - Kola** ^{GF} 0.33L .. 3.60 EUR
- Fritz Spritz Organic Apple Spritzer** ^{GF} 0.33L .. 3.60 EUR
- Fritz Spritz Organic Rhubarb Spritzer** ^{GF} ... 0.33L .. 3.60 EUR
- Fritz Spritz Organic Grape Spritzer** ^{GF} ... 0.33L .. 3.60 EUR
- Inge Lemonade** ^{GF} 3.90 EUR
Fresh ginger, lemons and oranges - delicious and refreshing!
- Balis** ^{GF} 0.25L .. 3.40 EUR
The basil-ginger-lemonade – distinctively green, unique in taste and surprisingly versatile!
- Almdudler** ^{GF} 0.33L .. 3.40 EUR



BEER

Lammsbräu Organic gluten free	0.33l .. 3.90 EUR
Lammsbräu Organic Hell	0.33l .. 3.20 EUR
Lammsbräu Organic Radler	0.33l .. 3.20 EUR
Lammsbräu Organic Weißbier	0.5l .. 3.80 EUR
Lammsbräu Organic Zzzisch Pilsener	0.33l .. 3.20 EUR
Lammsbräu Aktivmalz	0.33l .. 3.00 EUR
Malt tonic, < 0,5% alcohol	

Alcohol-free

Lammsbräu Organic gluten free	0.33l .. 3.90 EUR
Lammsbräu Organic Hell	0.33l .. 3.20 EUR
Lammsbräu Organic Weißbier	0.5l .. 3.80 EUR



WINE

VET – vegan elves drink	0.1l .. 5.50 EUR
Tasty, vegan mead (honeywine) alternative unsulfurated, alcoholic content: 11% abv	

WHITE WINE

Chardonnay

Dry white wine – Spätlese (late vintage) – wine growing estate Eller	
histamine: 0.009 mg/l, note: contains sulfites	0.2l 7.40 EUR
	0.75l 26.20 EUR

Riesling

Bioland organic dry white wine - wine growing estate Kuntz	
histamine: <0.25 mg/l, note: contains sulfites	0.2l 6.30 EUR
	0.75l 22.10 EUR

ROSÉ WINE

Rosé wine Blanc de Noir (Organic)

Demeter organic – dry – wine-growing estate Gustavshof	
histamine: <0.25mg/l, sorbite: <0.3mg/l (below limit of detection)	
sulfur in total: 32mg/l, note: contains sulfites	
	0.2l 6.30 EUR
	0.75l 22.10 EUR

RED WINE

Zero (Organic)

Dry red wine – Cuvée – wine growing estate Gustavshof	
histamine: <0.25mg/l, sulfur in total: <20mg/l	
free sulfur: 0.0mg/l, note: contains sulfite	
	0.2l 6.40 EUR
	0.75l 23.20 EUR

Trinity Cuvée (Organic)

Dry red wine – wine growing estate Christian und Thomas Weiss, Austria	
histamine: 0.005mg/l, fructose: <0.3g/l, glucose: <0.4g/l, sorbite:<0.3g/l (below limit of detection), sulfur in total: 60mg/l, note: contains sulfites	
	0.2l 7.10 EUR
	0.75l 25.20 EUR

Zweigelt Alte Reben (Organic)

Dry red wine – wine growing estate Christian und Thomas Weiss, Austria	
histamine: 0.016mg/l, fructose: <0.3g/l, glucose: <0.4g/l, sorbite: <0.3g/l (below limit of detection), sulfur in total: 60mg/l, note: contains sulfites	
	0.2l 6.90 EUR
	0.75l 24.10 EUR

APERITIF

Traubensecco Pinot Secco (Organic Demeter)

dry – wine-growing estate Gustavshof	0.1l 3.80 EUR
histamine: <0.25g/l, note: contains sulfites	0.75l 26.90 EUR

Inge Secco

A luscious, refreshing summer drink – enjoy!

Balis Secco

The perfect aperitif – refreshing and not too sweet!

Simply SIGGIS

Gin “The Duke”, Brightening Up, soda

Austrian alcohol-free

Almdudler, blueberry, lemon - wow!

LIQUEUR

Vegablum – Ginger Liqueur

Made of vodka and ginger
alcoholic content: 27%abv

Vegablum – Lakritz Liqueur

Vodka and vegan licorice
alcoholic content: 15%abv

Vegablum – Glühwein Liqueur

Made of spiced wine, vodka, orange juice, raw
cane sugar, vanilla, cinnamon and cloves
alcoholic content: 15%abv

HOT BEVERAGES

Heiße Inge (hot Inge) 3.90 EUR

The ideal companion for cold days – luscious and soothing!
Fresh ginger, lemons and oranges

Hot chocolate 3.90 EUR

With cocoa powder raw, pure and unsweetened –
Hmmm, that's good!



COLD OR HOT

Chai Latte ^{3) 5) 8)} 5.10 EUR

Made with our home made cashew-coconut milk

Kurkuma Latte „Golden Milk“ ³⁾ 5.10 EUR

Made with our home made cashew-coconut milk

White Chocolate Espresso Latte ¹¹⁾ 5.90 EUR

Made with iChoc White Vanilla

Matcha Latte ³⁾ 5.90 EUR

Made with our home made cashew-coconut milk

Smurf Latte ^{3) 11)} 5.10 EUR

Magical drink with blue spirulina algae and vonig (vegan honey)
Made with our home made cashew-coconut milk

Matcha Affogato ^{3) 4)} 3.90 EUR

Matcha with vanilla ice-cream

Kurkuma Affogato ^{3) 4)} 3.90 EUR

Kurkuma with vanilla ice-cream



COFFEE SPECIALITIES

Cup of coffee 3.10 EUR

Cappuccino 4.30 EUR

Espresso 2.00 EUR

Espresso macchiato 2.50 EUR

Espresso doppio 3.00 EUR

Latte macchiato 4.10 EUR

Affogato al caffè Espresso with vanilla ice-cream ⁴⁾ 3.40 EUR



TEA SPECIALITIES

Black tea Assam 2.90 EUR

Green tea Sencha 2.90 EUR

Nettel herbal infusion 2.90 EUR

Rosehip hibiscus herbal infusion 2.90 EUR

Rooibos „Ginger Lemon“ 2.90 EUR

Peppermint 2.90 EUR

For your coffee and tea specialities you can choose between oat milk, gluten-free oat milk, lupine milk and our home made cashew-coconut based milk.

All our coffees are also available as decaf.

OUR COFFEE SUPPLIER AND OUR SELECTED TYPES OF COFFEE:

Dinzler Kaffeerösterei AG

- Ngoro Ngoro Mountain Coffee from Tanzania
- Decaf La Sera from Colombia
- Espresso Il Gusto from South- and Central America

DINZLER attaches great importance to environment protection and sustainability. The company therefore doesn't use aluminium in the packing of their coffee.

OUR SUPPLIER FOR TEA AND SPICES IS THE COMPANY HERBARIA:

"For Herbaria, living in harmony with nature and people and making this possible for future generations is the basic idea of sustainability. This includes values such as global environmental protection, fair cooperation and regionalism."

OUR "MILK"-MANUFACTURERS ARE:

Natumi – rice milk
Natumi – oat milk (gluten free)
Oatly – oat milk
Prolupin (LUVÉ) – lupine milk
Sebastian Copien – cashew-coconut milk

SEBASTIAN COPIEN – COOKING ACCORDING TO YOUR NATURE

Our assortment – created by a famous and fantastic vegan cook: Sebastian Copien. From the field into the cooking pot, a maximum of natural, seasonal and local products.

The highest appreciation of food, the producer and the people, intuitive, loving and attentive preparation of all meals – that is the kitchen philosophy of Sebastian Copien. SIGGIS is selling his cook books directly here in this store – just ask us :-)

WE ARE SUSTAINABLE, BECAUSE ...

- we work without animal testing, without flavour enhancers, without artificial flavouring and colouring, without refined sugar, without palm oil, as far as possible with local and small suppliers
- we use organic cleaning agents, cleaning cloths made of bamboo, a recycled coffee machine, biodegradable packing materials and straws as well as recycled furniture and also purchase our electricity from a 100% ecological supplier
- we put emphasis on the reasonable and organic utilization of our leftovers
- we even make sure that the label adhesives of our beverages, including our cooking wine and the adhesive of the labels for our sandwiches do not contain any animal components.
- because we are eager to learn and are open for any tips and advice on how to improve our ecological footprint even more.

We are very glad that we could find suppliers and manufacturers who share our values for almost every section of our purchases.

