



# WE ARE ...

food and beverages

All our prices include the legal value added tax. Tip is not included. If you were satisfied your server will be very happy about a small appreciation 😊

Additionally we are also happy to receive a review from you and  on facebook <https://www.facebook.com/SIGGISvegan>

## BREAKFAST Until 2 pm MON-SUN

**NOT MAINSTREAM** <sup>1) 4) 7)</sup> ..... 9.90 EUR

Avocado toast – hummus, avocado, cherry tomatoes, herbs, tempeh – hhhmmmm!

**FLEXIBLE** <sup>4) GF)</sup> ..... 9.10 EUR

Scrambled tofu with cherry tomatoes served with bread<sup>7)</sup> if you like ..... no extra charge  
with fried oyster mushrooms ..... plus 2.00 EUR  
with gently roasted slices of tempeh turned in smoked paprika ..... plus 2.00 EUR

**SWEET AMERICAN** <sup>7)</sup> ..... 7.30 EUR

Fluffy pancakes with fresh fruits and syrup

## SOUPS

**GROUND** <sup>GF)</sup> ..... 5.90 EUR

Sweet potato soup with roasted chickpeas and apple julienne with fresh bread <sup>7)</sup> ..... plus 1.00 EUR

**PINK NAMASTE** <sup>5) 6) 7)</sup> ..... 6.40 EUR

Red beetroot soup with chestnuts and cinnamon croutons with fresh bread <sup>7)</sup> ..... plus 1.00 EUR

## SANDWICHES

As our sandwiches are prepared fresh every morning we can only serve them as long as our supplies last.

**FULL FLAVOURED** <sup>1) 3) 7) 8) 11)</sup> ..... 6.10 EUR

Kohlrabi-wheat-sandwich – sesame, mango-dip, hearty and a little bit spicy, with roasting flavour – down with it!

**ERDLINGSHOF** <sup>1) 4) 7) 11)</sup> ..... 7.20 EUR

Chickpea-patty, avocado-cream, arugula and tomato. You have the choice: wheat or spelt sandwich. Incl. a donation of 1.50 EUR for the Erdlingshof ([www.erdlingshof.de](http://www.erdlingshof.de))

**HUNGRY** <sup>3) 4) 7) 8) 11)</sup> ..... 6.40 EUR

BBQ tempeh ciabatta – a little bit spicy – yeah!

**BASIC** <sup>4) 7) 11)</sup> ..... 6.40 EUR

Traditional and still very much different – our soya-Schnitzel-bun

**TRADITIONAL** <sup>4) 7) 8) 11)</sup> ..... 4.20 EUR

Organic wheat “Pflanzerl Semmel” – no-meatball bun – quinoa and lentils

**SATISFIED** <sup>4) 7) 11)</sup> ..... 5.20 EUR

Diamond bun „egg style” – deceptively real!

**PEACEFUL** <sup>4) 7) 11)</sup> ..... 5.20 EUR

Diamond bun „tuna style” – wow!

Allergens: 1) sesame 2) nuts 3) cashew 4) soy bean 5) celery 6) almond 7) gluten 8) mustard 9) legumes 10) lupine 11) may contain traces of soya, milk, sesame, peanuts, other nuts and eggs <sup>GF)</sup> gluten free

## FINGERFOOD

**EDAMAME** <sup>4)</sup> ..... 4.50 EUR  
Soy snack from Japan

**PORTION OF FRENCH FRIES** ..... 3.90 EUR

## STARTERS

**MAGICAL** <sup>1) 2) 4) GF)</sup> ..... 6.60 EUR  
Summer rolls with hoisin sauce – make you happy!

**SHARING** <sup>1) 3) 7) 8) 9)</sup> ..... 7.40 EUR  
Wild plate of spreads – three spreads: purple, beetroot hummus made of lentils – green, pea-cream cheese – purple, mocho rojo cream: red pepper seasoning sauce – toasted bread

**CUDDLY** <sup>2) 10) GF)</sup> ..... 5.10 EUR  
Dates coated in tempeh – feeling so comfy in there!



## SALADS

**BALANCED** <sup>1) 5) 9) GF)</sup> ..... 6.10 EUR  
Asian lentil salad  
with fresh bread <sup>7)</sup> ..... plus 1.00 EUR

**SABABA** <sup>6) 8) GF)</sup> ..... 6.10 EUR  
Quinoa salad – oriental – taste the east!  
with fresh bread <sup>7)</sup> ..... plus 1.00 EUR

**HUGE** <sup>3) 4) 8) GF)</sup> ..... 11.90 EUR  
Salad bowl with seasonal raw food, quinoa, green leaf salad and a flavorful cashew-miso-dressing  
with crispy oyster mushrooms ..... plus 2.00 EUR

**SENSIBLE** <sup>6) 8)</sup> ..... 3.90 EUR  
Small mixed salad – a fresh accompaniment for all our dishes!

## DESSERTS

**DELICIOUS** <sup>GF)</sup> ..... 6.90 EUR  
Dark mousse with peach puree – you'd want to drown in it!

**TANTE HELENE - AUNTIE HELENE** <sup>3) GF)</sup> ..... 6.90 EUR  
Vanilla cream, poached pear, chocolate sauce

## MAIN DISHES

**BAVARIAN** <sup>4) 5) 6) 7) 8)</sup> ..... 12.90 EUR  
Sour bread dumplings – fried oyster mushrooms,  
fried kohlrabi cubes, fennel onion salad – that's it!

**TUTTO BENE** <sup>3) 4) 5) 6) 7)</sup> ..... 9.90 EUR  
Pasta ragout (home made Bolognese with durum wheat pasta<sup>7)</sup>)  
cooks for at least 4 hours, only the best ingredients – that's love!  
You can also order our pasta with Rapunzel  
rice spaghetti <sup>GF)</sup> ..... 10.40 EUR

**MEXICAN** <sup>3) 4) 6) 8) GF)</sup> ..... 12.90 EUR  
Mexican corn tortillas, rice, mayo, BBQ tempeh, coleslaw – arriba!

**CRISPY** <sup>2) 4) 7)</sup> ..... 15.90 EUR  
Our escalope anti-chasseur – chrispy soya-schnitzel with creamy mushrooms and French fries  
Traditional and yet so different!

**DIFFERENT** ..... 11.80 EUR  
Hot Dog - you can choose between braised carrots, seitan <sup>7)</sup> or tofu <sup>4)</sup> „sausages“  
• Classic with cheeze sauce, cucumber relish, mustard <sup>6) 7) 8) 11)</sup>  
• Mediterranean with bolognese and basil mayo <sup>4) 5) 6) 7) 8) 11)</sup>

**GRATEFUL** <sup>1) 3) 6) 7) 9)</sup> ..... 12.90 EUR  
Veggie-mix -sweet potatoes, whole grain rice, chickpeas, beetroot,  
fennel, seasonal vegetables – unbelievably delicious!  
With crispy oyster mushrooms ..... plus 2.00 EUR

**YUMMY** <sup>3) 4) 5) 6) 7)</sup> ..... 12.90 EUR  
Lasagna with a small mixed salad

**SPECIAL** <sup>7) 8) 11)</sup> ..... 12.90 EUR  
Club sandwich triple-style, coleslaw, fried oyster-mushrooms,  
slices of sweet potato, tomato - incl. a portion of French fries

### CAKES

At our counter near the entrance you will find a selection of our delicious treats and pastries with prices and information about allergens.

Choose something, let us know and we are happy to bring it to your table!

## BEVERAGES

### SMOOTHIES

<b>POWERFUL</b> <sup>GF</sup> .....	6.10 EUR
Green smoothie – spinach, dates, fresh fruits	
<b>LOVELY</b> <sup>GF</sup> .....	6.10 EUR
Pink smoothie – blueberry, dates, ginger, fresh fruits	
<b>HEALTHY</b> <sup>GF</sup> .....	6.10 EUR
Immune booster – orange, ginger, dates, beetroot	

### HOME MADE BEVERAGES

<b>BEAUTIFUL</b> <sup>GF</sup> .....	4.60 EUR
Iced Tea – jade pearls – your skin will look so beautiful!	
<b>BRIGHTNING UP</b> <sup>GF</sup> .....	4.60 EUR
Cooler – cucumber, lemon, basil – tastes good!	

### WATER

<b>Leogant Water</b> .....	glass 0.33L .. 2.10 EUR
<b>Leogant Water</b> .....	bottle 1L .. 3.90 EUR
<b>Mineral Water</b> .....	glass 0.33L .. 2.40 EUR
<b>Mineral Water</b> .....	bottle 0.5L .. 3.90 EUR

“Water is the most essential element of our planet. Only by water life is even made possible. Spring water in its original form epitomizes this natural perfection. It is the foundation of a healthy and vital life.”

... “LEOGANT TURNS TAP WATER BACK INTO THE QUALITY OF FRESH SPRING WATER”

(Leogant)

## LEMONADES

<b>Now – Orange Cola</b> <sup>GF</sup> .....	0.33L .. 3.30 EUR
<b>Now – Holler Blüte</b> <sup>GF</sup> .....	0.33L .. 3.30 EUR
Elderflower lemonade	
<b>Now – Sunny Orange</b> <sup>GF</sup> .....	0.33L .. 3.30 EUR
<b>Fritz - Kola</b> <sup>GF</sup> .....	0.33L .. 3.60 EUR
<b>Fritz Spritz Organic Apple Spritzer</b> <sup>GF</sup> .....	0.33L .. 3.60 EUR
<b>Fritz Spritz Organic Rhubarb Spritzer</b> <sup>GF</sup> ...	0.33L .. 3.60 EUR
<b>Fritz Spritz Organic Grape Spritzer</b> <sup>GF</sup> ...	0.33L .. 3.60 EUR
<b>Inge Lemonade</b> <sup>GF</sup> .....	3.80 EUR
Fresh ginger, organic lemons and organic oranges - delicious and refreshing!	
<b>Balis</b> <sup>GF</sup> .....	0.25L .. 3.40 EUR
The basil-ginger-lemonade – distinctively green, unique in taste and surprisingly versatile!	
<b>Almdudler</b> <sup>GF</sup> .....	0.33L .. 3.30 EUR



## BEER

<b>Lammsbräu Organic gluten free</b>	.....0.33l .. 3.90 EUR
<b>Lammsbräu Organic Hell</b> Lager	..... 0.33l .. 3.20 EUR
<b>Lammsbräu Organic Radler</b>	.....0.33l .. 3.20 EUR
Lager with lemonade	
<b>Lammsbräu Organic Weißbier</b> Wheat beer	..... 0.5l .. 3.80 EUR
<b>Lammsbräu Organic Zzzisch Pilsener</b>	...0.33l .. 3.20 EUR
Pilsner	
<b>Lammsbräu Aktivmalz</b>	.....0.33l .. 3.00 EUR
Malt tonic, < 0,5% alcohol	

### Alcohol-free

<b>Lammsbräu Organic gluten free</b>	.....0.33l .. 3.90 EUR
<b>Lammsbräu Organic Hell</b> Lager	..... 0.33l .. 3.20 EUR
<b>Lammsbräu Organic Weißbier</b> Wheat beer	..... 0.5l .. 3.80 EUR



## WINE

### WHITE WINE

#### Chardonnay

Dry white wine – Spätlese (late vintage) – wine growing estate Eller  
histamine: 0.009 mg/l, note: contains sulfites

0.2l	..... 7.40 EUR
0.75l	.... 26.20 EUR

#### Riesling

Dry white wine – Auslese – wine growing estate Eller  
histamine: 0.007 mg/l, note: contains sulfites

0.2l	..... 7.40 EUR
0.75l	.... 26.20 EUR

### ROSÉ WINE

#### Rosé wine Blanc de Noir (Organic)

Demeter organic – dry – wine-growing estate Gustavshof  
histamine: <0.25mg/l, sorbite: <0.3mg/l (below limit of detection)  
sulfur in total: 32mg/l, note: contains sulfites

0.2l	..... 6.30 EUR
0.75l	.... 22.10 EUR

## RED WINE

#### Zero (Organic)

Dry red wine – Cuvée – wine growing estate Gustavshof  
histamine: <0.25mg/l, sulfur in total: <20mg/l  
free sulfur: 0.0mg/l, note: contains sulfite

0.2l	..... 6.40 EUR
0.75l	.... 23.20 EUR

#### Trinity Cuvée (Organic)

Dry red wine – wine growing estate Christian und Thomas Weiss, Austria  
histamine: 0.005mg/l, fructose: <0.3g/l, glucose: <0.4g/l, sorbite:<0.3g/l  
(below limit of detection), sulfur in total: 60mg/l, note: contains sulfites

0.2l	..... 7.10 EUR
0.75l	.... 25.20 EUR

#### Zweigelt Alte Reben (Organic)

Dry red wine – wine growing estate Christian und Thomas Weiss, Austria  
histamine: 0.016mg/l, fructose: <0.3g/l, glucose: <0.4g/l, sorbite: <0.3g/l  
(below limit of detection), sulfur in total: 60mg/l, note: contains sulfites

0.2l	..... 6.90 EUR
0.75l	.... 24.10 EUR

## APERITIF

#### Traubensecco Pinot Secco (Organic Demeter)

dry – wine-growing estate Gustavshof 0.1l ..... 3.80 EUR  
histamine: <0.25g/l, note: contains sulfites 0.75l .... 26.90 EUR

**Inge Secco** ..... 7.10 EUR

A luscious, refreshing summer drink – enjoy!

**Balis Secco** ..... 7.10 EUR

The perfect aperitif – refreshing and not too sweet!

**Simply SIGGIS** ..... 8.60 EUR

Gin “The Duke”, Brightening Up, soda

**Austrian** alcohol-free ..... 5.30 EUR

Almdudler, raspberries, rosemary, lemon - wow!

## LIQUEUR

**Vegablum – Ginger Liqueur** 0.02l ..... 2.80 EUR

Made of vodka and ginger  
alcoholic content: 27%abv

**Vegablum – Lakritz Liqueur** 0.02l ..... 2.80 EUR

Vodka and vegan licorice  
alcoholic content: 15%abv

**Vegablum – Glühwein Liqueur** 0.02l ..... 2.80 EUR

Made of spiced wine, vodka, orange juice, raw  
cane sugar, vanilla, cinnamon and cloves  
alcoholic content: 15%abv

## HOT BEVERAGES

**Heiße Inge (hot Inge)** ..... 3.80 EUR

The ideal companion for cold days – luscious and soothing!  
Fresh ginger, organic lemons and organic oranges

**Hot chocolate** ..... 3.90 EUR

With cocoa powder raw organic, pure and unsweetened –  
Hmmm, that's good!



## COLD OR HOT

**Chai Latte** <sup>3) 5) 8)</sup> ..... 5.90 EUR

Made with our home made cashew-coconut milk

**Kurkuma Latte „Golden Milk“** <sup>3)</sup> ..... 5.10 EUR

Made with our home made cashew-coconut milk

**White Chocolate Espresso Latte** <sup>11)</sup> ..... 5.90 EUR

Made with iChoc White Vanilla

**Matcha Latte** <sup>3)</sup> ..... 5.90 EUR

Made with our home made cashew-coconut milk

**Smurf Latte** <sup>3) 11)</sup> ..... 5.10 EUR

Magical drink with blue spirulina algae and vonig (vegan honey)  
Made with our home made cashew-coconut milk

**Matcha Affogato** <sup>3)</sup> ..... 3.90 EUR

Matcha with vanilla ice-cream

**Kurkuma Affogato** <sup>3)</sup> ..... 3.90 EUR

Kurkuma with vanilla ice-cream



## COFFEE SPECIALITIES

**Cup of Coffee** ..... 3.10 EUR

**Cappuccino** ..... 4.30 EUR

**Espresso** ..... 2.00 EUR

**Espresso macchiato** ..... 2.50 EUR

**Espresso doppio** ..... 3.00 EUR

**Latte macchiato** ..... 4.10 EUR

**Affogato al caffè** Espresso with vanilla ice-cream ..... 3.40 EUR



## TEA SPECIALITIES

**Black tea Assam** ..... 2.90 EUR

**Green tea Sencha** ..... 2.90 EUR

**Nettel herbal infusion** ..... 2.90 EUR

**Rosehip hibiscus herbal infusion** ..... 2.90 EUR

**Rooibos „Ginger Lemon“** ..... 2.90 EUR

**Peppermint** ..... 2.90 EUR

For your coffee and tea specialities you can choose between oat milk, gluten-free oat milk, lupine milk and our home made cashew based milk.

All our coffees are also available as decaf.

## OUR COFFEE SUPPLIER AND OUR SELECTED TYPES OF COFFEE:

### Dinzler Kaffeerösterei AG

- Ngoro Ngoro Mountain Coffee from Tanzania
- Decaf La Sera from Colombia
- Espresso Il Gusto from South- and Central America

DINZLER attaches great importance to environment protection and sustainability. The company therefore doesn't use aluminium in the packing of their coffee.

## OUR SUPPLIER FOR TEA AND SPICES IS THE COMPANY HERBARIA:

“What does organic mean to Herbaria? It's a well-defined and comprehensive guarantee of quality. As experts in ecologically produced teas, herbs, spices and organic specialities, our aim is to provide you with healthy, natural, safe and appetising foodstuffs for good eating. “

## OUR “MILK”-MANUFACTURERS ARE:

Natumi – rice milk  
Natumi – oat milk (gluten free)  
Oatly – oat milk  
Prolupin (LUVÉ) – lupine milk  
Sebastian Copien – cashew milk

## SEBASTIAN COPIEN – COOKING ACCORDING TO YOUR NATURE

Our assortment – created by a famous and fantastic vegan cook: Sebastian Copien. From the field into the cooking pot, a maximum of natural and organic, seasonal and local products.

The highest appreciation of food, the producer and the people, intuitive, loving and attentive preparation of all meals – that is the kitchen philosophy of Sebastian Copien. SIGGIS is selling his cook books directly here in this store – just ask us :-)

## WE ARE SUSTAINABLE, BECAUSE ...

- we work without animal testing, without flavour enhancers, without artificial flavouring and colouring, without refined sugar, without palm oil, as far as possible organic and with local and small suppliers
- we use organic cleaning agents, cleaning cloths made of bamboo, a recycled coffee machine, biodegradable packing materials and straws as well as recycled furniture and also purchase our electricity from a 100% ecological supplier
- we put emphasis on the reasonable and organic utilization of our leftovers
- we even make sure that the label adhesives of our beverages, including our cooking wine and the adhesive of the labels for our sandwiches do not contain any animal components.
- because we are eager to learn and are open for any tips and advice on how to improve our ecological footprint even more.

We are very glad that we could find suppliers and manufacturers who are certified organic for almost every section of our purchases.

